

## OREGON COUNSELING ASSOCIATION Board Meeting Minutes Saturday, March 25, 2017

**Board Members Present:** 

X Raina Hassan—President	Evan Dumas—Services Coordinator
Ryan Melton—Past President	Doug QuerinEthics
X Joel LanePresident Elect	X Meghan Opbroek—Graduate Programs
X Kara Eads—Treasurer	X Chad Ernest—PP & A
X Suzy Elton—Secretary	Vacant—Technology
X Brenda Hanson—Fall Conf.	X Joel Lane—OACES Pres
X Susan ZallAdmin, NBCC	Joseph Hernanadez—OCDA Pres
Vacant—PD&E	X Alana OlgilvieMembership
X Kathleen Coleman—Human Rights	X Sue Ujvary—Networking
X Gianna Russo-MitmaCommunications	

Guests present: Ruth Hescock; Heather Glenn

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- II. Approval of Agenda (Raina)
  - a. Sue motioned; Chad seconds
  - b. Approved
- III. Approval of Minutes (Raina)
  - a. Kathleen motioned; Sue seconds
  - b. Approved
- IV. Words of Wisdom (Chad)
  - a. Knowledge speaks where wisdom listens (Jimmy Hendrix)
- V. Updates/Strategic Topics
  - a. Treasurer's Report and Conference Budget Discussion/vote (Kara)
    - 1. Kara updated dollar amounts in bank accounts.
    - 2. Upcoming expenses are conference related.
    - 3. Budget located on Google Drive.
    - 4. Currently under expected income by approximately \$5000.
    - 5. Board members are encouraged to promote ORCA membership.
    - 6. Big picture budget to be presented in May at retreat.
    - 7. Call for increase in conference budget (+\$3000) and increase in officer travel to meeting (+\$350).
      - a. Joel motioned to approve. Gianna seconds
      - b. Approved.
  - b. Summer networking picnic (Sue)
    - 1. Laurelhurst Park; Sunday, Aug 6, 4-7 pm



- 2. Potluck picnic food, bring your own chair/blankets
- 3. Partners, kids, dogs on leash invited
- 4. Will create ORCA Facebook event

## VI. Division/Committee Reports

Each report is given 5 min. or less, otherwise tabled for future discussion.

- a. OCDA President (Joseph Hernandez)—see report
- b. OACES President (Joel Lane)
  - 1. Dr. Lisa Aasheim will assume OACES President role.
  - 2. Joel will collaborate with Lisa on revising bylaws for OACES.

## VII. Committee and Executive Council

## a. PP & A (Chad)

- **1.** Advocating for LPC forensic evaluator position at the legislative level will not be pursued.
  - a. More forensic-specific education needed to be an evaluator
- 2. Completed legislative day
  - a. Connected with others regarding COPACT activities
  - b. Mental Health Regulatory Agency
    - i. Combines all administrative duties of our board with the Psychology Board
    - ii. Going through for a vote
    - iii. Discussion followed
  - c. House Bill 2361—concerned with Practice Act
    - i. Shelved; work-grouped
  - d. Practice Act for Art Therapists—moving forwards
  - e. Investigation into laws involving parity regarding LPCs and LMFTs/medical practitioners
  - f. Concern with Regence BCBS not paying for code for initial evaluation (CPT 90791); investigating currently
- b. Membership (Alana)
- c. Fall Conference (Brenda)
  - 1. Tentative date Nov 3 and 4<sup>th</sup>
  - 2. Recommended "ACA confirmed" David Kaplan speaking on ethics. 6-hour presentation.
  - 3. Conference committee mtg. is scheduled at 7 pm on Monday. Will meet monthly.
  - 4. Venue: looking at Hilton in Eugene. Needs to lock in contract by end of March.
  - 5. Brenda has copy of contract/sales agreement.
- 6. Discussion followed.
  - a. Brenda to check on availability of alternate venues in Portland. Will decide on permanent venue this week.
- 7. Other possible speakers:



- a. Summer Brown, multicultural issues (will cover CE requirement of 4 hours)
- b. David Kaplan—can present several options including ethics; will be willing to do pre-conference learning institute; to be discussed further
- d. Graduate Program (Meghan)
  - a. New representatives from counseling graduate programs
    - i. Continues to do outreach
    - ii. Will determine how grad student reps will participate in future
  - b. Other reps agreed to write articles for Graduate Programs section in ORCA newsletter; will give other counseling program perspectives
- e. Technology (vacant)
- f. Communication (Gianna)
  - 1. Training current co-editor: Moira Ryan
  - 2. Sending out election nominations: securing web form
    - a. Working on voting "bugs"
  - 3. Spring newsletter
    - a. Articles due April 1; Newsletter published May 1
    - b. Joel to write article as board member
    - c. Ethics corner considered
- g. PD & E (vacant)
- h. NBCC Program Admin (Susan)
  - **1.** CE credits that are NBCC qualified remain important for LPC certification
  - 2. Important to make sure events, workshops meet NBCC approval
  - 3. Need to have 3 events per year to qualify for NBCC (March 31-Aril 1)
  - 4. NBCC announced that APA is pursuing a Masters of Psychology as a Professional Degree
- i. Networking (Sue)
  - 1. Committee meeting
  - 2. Upcoming event on April 21
    - a. La Caretta, 4534 SE McLoughlin Blvd, Portland, OR 97202
    - b. 6:30 pm arrival; 7:00 introduction
    - c. Presentation given by Brian Farr
      - i. Money in Therapy: What to say when clients talk about personal finance
    - d. Discussed getting more board support (i.e. membership sign up, other) at the network events
- j. Ethics (Doug) See Report
- k. Human Rights: (Kathleen)



- 1. Joining NAMI walk; Sunday, May 21
- 2. Join team on NAMI. Org website
- 3. Can donate/pass on link to others
- 4. Consider new T-shirts with new logo; use for fall conference, as well
- 5. Kathleen drafting a letter to find a new volunteer chair for HR position; Looking for HR committee members
- 6. Possibility of PD&E and HR committees work together on workshops/events (diversity/social justice issues)
- I. President (Raina)
  - 1. Our branch won Best Innovative Practice Award for Western Region.
    - a. Cash gift and entry for ACA conference next year
    - b. Evan to create "button" on website to announce award
  - 2. Raina acknowledged those helping with rebranding campaign
  - 3. Requested assistance finding chairs PD & E, Technology committee, and webmaster.
  - 4. Evan to be supporting Alana in her transition into membership chair position.
  - 5. Requested continued support in recruiting membership for ORCA.
- m. President Elect (Joel)
  - Met with Kim H. from Western Oregon University (WOU)

     Creating strong relationship with WOU and ORCA
  - 2. Secured room at Lewis and Clark for Board Retreat
    - a. Negotiated with guarantee for free rooms for board retreat/L and C receiving advertising support in ORCA newsletter
  - 3. Just returned from ACA conference
    - a. Elected new officials from Western Region
    - b. Update: new info on Leadership Training Institute in Washington DC
      - i. Grants can now only be received twice by one person
    - c. Because of legislative challenges at state levels, offering option for state branches to reorganize under the national level of ACA.
    - d. Worked with Lynn Terry for article with Oregonian.
      - i. Raina suggested linking with website/ Facebook.
- n. Past President (Ryan)—see report
- o. Secretary (Suzy)
  - 1. Discussion regarding job description



- VIII. Old Business
- IX. New Business
- X. Appreciation and Acknowledgements
  - a. All board efforts appreciated.
- XI. Adjourn
- a. Sue U. motioned; Sue Z seconds
- b. Sue Z seconded
- c. Passed: Adjourned

Respectfully submitted by Suzy Elton, ORCA Secretary