



OREGON COUNSELING ASSOCIATION
Board Meeting Minutes
Saturday, January 21, 2017

Board Members Present:

X Raina Hassan—President	X Evan Dumas—Services Coordinator
X Ryan Melton—Past President	Doug Querin--Ethics
X Joel Lane---President Elect	X Meghan Opbroek—Graduate Programs
X Kara Eads—Treasurer	X Chad Ernest—PP & A
X Suzy Elton—Secretary	X Emily Kolibaba—Technology
X Brenda Hanson—Fall Conf.	X Joel Lane—OACES Pres
X Susan Zall---Admin, NBCC	X Joseph Hernandez—OCDA Pres
Taylor Wolf—Prof Dev & Ed	X Vacant--Membership
X Kathleen Coleman—Human Rights	Sue Ujvary—Networking
X Gianna Russo-Mitma--Communications	

Guests present: Alana Olgilvie, Networking Committee; Amy Kennedy, Graduate Rep for PSU

- I. Call to Order (Raina)
- II. Approval of Agenda (Raina)
 - a. Kara motioned; Kathleen seconds
 - b. Approved
- III. Approval of Minutes (Raina)
 - a. Joel motioned; Gianna seconds
 - b. Approved
- IV. Words of Wisdom (Raina)
 - a. Raina shared “The Guest House” by Rumi
- V. Updates/Strategic Topics
 - a. Treasurer’s Report and Conference Budget Discussion/vote (Kara)
 - i. 2016 Conference profit: \$16,272.20
 - ii. Membership has reached 48% of anticipated budget at ½ year point
 - iii. Board members encouraged to promote membership
 - iv. Kara proposed adjustments to expenses based on conference numbers.
 1. Discussion followed.
 2. Susan suggested additional line item to give conference committee flexibility in spending (Conference Flex Fund)
 - a. To be discussed at the May Retreat
 - v. Kara attended OBLCT meeting; received positive feedback re ORCA conference
 - b. ORCA Services Coordinator (Evan)



1. Transition of Google Apps for Work; ORCA G-mail account discussed
Evan provided slide show regarding operation of Google Drive/G-mail accounts
 - a. Board members encouraged to reach out to Evan for support
2. Evan announced updated ORCA website utilizing Wild Apricot
 - a. Requested that board members look over website and let him know of changes/editing needs by Jan 27, 2017
 - b. Website address: <http://orcounseling.wildapricot.org>
 - c. Launch of website Feb 4, 2017
3. Evan announced open forum for Solidarity Alliance for Social Services (SASS)
 - a. Open Forum Date: Jan 28, 2017
 - b. Evan is ORCA rep/to present workshop on burnout
- c. Upcoming Elections (Ryan)
 - i. Positions open for President Elect and Secretary
 1. Accept nominations beginning Feb 1, 2017
 2. Voting begins March 1, 2017
 3. Results announced April 1, 2017
 4. New leaders to attend May Retreat
 5. Executive council members must be members of ACA and ORCA
 6. Recommendation that licensed counselors apply, though not necessary, per bylaws
- d. Rescheduling March Board Meeting (Raina)
 - i. Next board meeting scheduled for March 18, 2017
 - ii. Suggestion made to reschedule for March 25, 2017, as multiple board members attending ACA conference on the 18th
 - iii. Raina will send poll again via g-mail account
- e. Approval of Reimbursement for Attendance at ACA Annual Conf. (Raina)
 - i. Recommendation made to refund Kara for her out of pocket costs for ACA Conference
 1. Discussion followed
 2. Susan motioned ORCA funding Kara's attendance at conf.; Emily seconds; approved
 3. Joel will attend ACA Conference, though funded by PSU.
- f. Partnership Policy (Susan)
 - i. Susan is exploring current policies that are in place with other ACA branches.
 - ii. Waiting for feedback
- g. Inclusive Women's March following the meeting (Kathleen)
 - i. Women's March at noon on Jan 24, 2017
 - ii. Multiple board members participating

VI. Division/Committee Reports

Each report is given 5 min. or less, otherwise tabled for future discussion.

- a. OCDA President (Joseph Hernandez)—see report**
- b. OACES President (Joel Lane)**
 - i. Has worked on press release for after-election support**
 - ii. Joel looking for a replacement for OACES President by July 2017 when he assumes role of ORCA President**
 - iii. Continuing to collaborate with Kim H of WOU regarding ORCA videos to present to students; planning to meet Feb 2, 2017**
 - iv. Presented strategic vision for presidency regarding engaging graduate students**
 - v. Working with PSU regarding hosting PD&E event in April**
 - vi. Planning May Retreat**
 - vii. Planning on scheduling a “sit down” with committee chairs/vision**

VII. Committee and Executive Council

- a. PP & A (Chad)**
 - i. 44 bills “dropped”, or received, by COPACT related to counselors. Highlights include:**
 - 1. Creation of new agency: Mental Health Regulatory Agency to oversee State Board of Psych. Examiners and OBLPCT**
 - 2. NASW Oregon introduction of bill to create jobs for social workers in schools; disregard of LPC and LMFT; COPACT watching closely**
 - 3. Bill to remove Practice Act: COPACT opposes**
 - 4. Practice Act creation for Art Therapy**
 - 5. Training requirement now includes CEs for pain management and suicide training; limited counselor autonomy with so many required CEs**
 - ii. COPACT continues to advocate for LPC and LMFT inclusion as forensic evaluators.**
- b. Membership (vacant)**
- c. Fall Conference (Brenda)**
 - i. Exploring options for Key Note Speaker for Fall Conference 2017**
 - ii. Nov 3-4 proposed dates of conference**
 - iii. Need to solidify venue; options explored in Portland and Eugene**
 - iv. Working of budget for fall conference with Kara**
 - v. Recruiting committee members**
- d. Graduate Program (Meghan)**
 - i. Submitted budget wishes**
 - ii. Added student representatives from other universities**
 - iii. Created plan to do second round of outreach to counseling programs**



- iv. **Wrote article for newsletter**
 - v. **Changing name of committee from GRASS to Graduate Programs Committee**
 - 1. **Meghan proposed name change; Susan seconds**
 - 2. **Approved**
 - vi. **Working on remaking materials using new ORCA logo**
 - vii. **Coordinating efforts with Communication Committee**
 - e. **Technology (Emily)**
 - i. **Emily announced this is her last board meeting; stepping down as chair; looking for leads for chair**
 - ii. **Spent budgeted monies to assist with webinar broadcast: ordered mic and camera; will be ORCA's own equipment**
 - iii. **Discussion of a report of job description of committee/committee chair**
 - f. **Communication (Gianna)**
 - i. **Winter newsletter to be distributed around Feb 1, 2017**
 - ii. **Training new member of committee to do graphic design**
 - iii. **Paul Cooney is contributing regular articles for newsletter**
 - iv. **New brochures in process**
 - g. **PD & E (Taylor) See report**
 - h. **Networking (Sue)**
 - i. **Next Networking event Jan 27, 2017; 6:30-9:00pm;McMenamins on Broadway, Gladstone Room, 1504 NE Broadway St., Portland, OR, 97232**
 - ii. **Presenter: Eric Singer on Emotion Freedom Technique, also known as Tapping**
 - i. **Ethics (Doug) See Reort**
 - j. **Human Rights: (Kathleen)**
 - i. **Supporting Women's March to be held on Jan 21, 2017, at noon**
 - ii. **Multiple members of board participating**
 - iii. **Recruiting new members has been a challenge**
 - iv. **Continues to explore activities to support**
 - k. **President (Raina)**
 - i. **Raina would like a report from each committee chair regarding year's accomplishments as well as 2017 goals, for ACA Branch Report**
 - ii. **Submitted application for Best Innovative Practice Award**
 - l. **President Elect (Joel)**
 - i. **See above in OACES report; need for OACES replacement**
 - ii. **Discussed vision for presidency**
 - m. **Past President (Ryan)**
 - i. **Working on upcoming ORCA election**
 - ii. **Recruiting those who would like to run for office**
 - n. **Secretary (Suzy) See report**
- VIII. **Old Business**



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- a. Vacant positions (Raina)
 - i. Discussed key positions on ORCA board open: Human Rights, Membership, Technology, Webmaster; some discussion of changing job descriptions to fit current needs
- IX. New Business
 - a. No new business reported
- X. Appreciation and Acknowledgements
 - a. Acknowledgement to those who are participating in Women's March
- XI. Adjourn
 - a. Susan motioned adjourn; Evan 2nd
 - b. Approved

Respectfully submitted by Suzy Elton, ORCA Secretary